## IN THE SPECIFICATION

Please replace the paragraph at page 5, lines 24-27, with the following rewritten paragraph:

In rolling up a hair strand 3 using the hair holder 1 of the first embodiment, the tube 2 may be rolled up with the sheet openings 25 either in or out. It is preferred, however, that the tube 2 be rolled up with the sheet 23A (having openings 25) out in as illustrated in Figs. 2a through 2d so as to obtain a desired neat curl.

Please replace the paragraph at page 8, lines 11-16, with the following rewritten paragraph:

As shown in Fig. 7a, the hair holder [[1]] 1' of the ninth embodiment has a flat tube 2' designed such that a strand of hair can be inserted from the entrance opening 21' to the end opening 22'. One side of the tube is formed of a sheet 23'A having a Taber stiffness of 0.4 mN·m or less. Eight attachment pieces 4' adhere to the tube [[2]] 2' with spacing along the length direction of the tube 2'. The tube 2' has substantially no extensibility in its length direction.

Please replace the paragraph at page 8, lines 20-25, with the following rewritten paragraph:

In the hair holder 1' of the tenth embodiment, the tube 2' is formed of a rectangular mesh sheet 23'A having a Taber stiffness of 0.4 mN·m or less and a rectangular sheet 23'B with no holes and having a Taber stiffness of 0.4 mN·m or more by bonding their long side edges to each other as shown in Fig. 7b. Seven rectangular attachment pieces 4 adhere to the rectangular mesh sheet 23'A with a space along the length direction of the tube [[2]] 2'.